

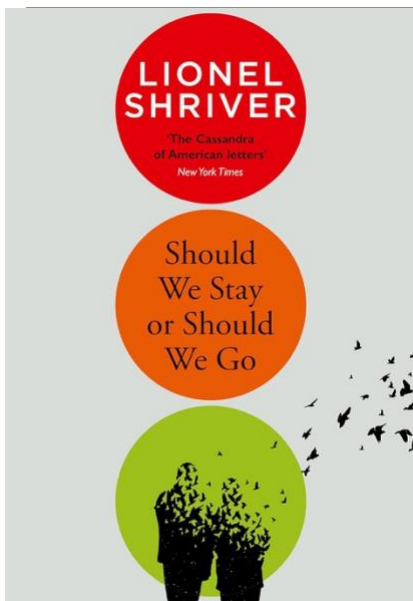


Book Talk

Should We Stay or Should We Go

By Lionel Shriver

Number of pages: 269



After her father dies from Alzheimer's, Kay and her husband Cyril make a pact to die together when they both turn 80. The book covers 12 parallel universes showing the possible outcomes of this decision.

As they spend time in nursing homes, cryogenically frozen, experiencing multiple illnesses and even aging backwards, the book uses a lot of humour and contemporary political issues to look at how to truly age with dignity.

We recommend this book if you enjoyed *The Best of Everything* by Kit de Waal or *We Need to Talk About Kevin*, another book by Lionel Shriver.

Discussion Questions:

1. Which was your favourite scenario in the book?

2. Which scenario would you choose for yourself and why?
3. The subject matter is serious, but the actual book is funny – how does humor help start discussions on important topics?
4. From reading the book can you tell what the author's opinion on aging and choice is?
5. With the care crisis in the UK, do you think this is something people are thinking about more than they used to?

Thank you to our volunteer, Erin, for choosing this title and creating the resource.