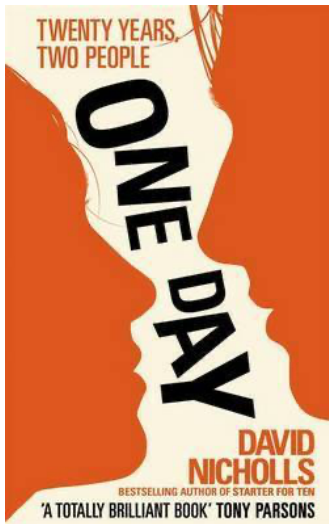




Prison Reading Groups

One Day

by David Nicholls



In this book, we return to the lives of Emma and Dexter on the same day every year for twenty years.

One Day was made into a film in 2011 starring Anne Hathaway and recently adapted into a Netflix series in 2024 starring Ambika Mod and Leo Woodhall.

Discussion Questions

1. What did you think to this as a way of telling their story? Did you think it was clever?

2. Did you have a favourite character?

3. What did you think to the ending?

4. If you could return to one period or decade of your life, what would it be?

5. Have you seen the new TV series based on the book? What did you think of it?

Thank you to our volunteer Sophie for choosing this title and creating the resource.